

TODAY[®] sponge



Pregnancy Rates for Birth Control Methods (For One Year of Use)

In clinical studies with Today[®] Sponge, the pregnancy rates per 100 women during the first year of use were:

= About 1 out of 10 women (9-11%) became pregnant when using this correctly all the time.

= The possibility of getting pregnant increased to about 1 out of 7 women (13-16%) when this product was not used correctly.

The following table gives the approximate number of women out of 100 women who are likely to become pregnant while using a particular contraceptive method for one year.

1 “Typical Use” means use that is less than perfect. Sometimes women do not use a method correctly or with every sexual act of intercourse.

2 Clinical trial product data submitted to FDA
Data adapted from: Trussell J. Contraceptive Efficacy. In Hatcher RA, Trussell J, Stewart F, et al. Contraceptive Technology: Nineteenth Revised Edition. New York, NY: Ardent Media, 2007.

Pregnancy Rates for Birth Control Methods

“Typical Use”

Number of Women Out of 100 Women Who Will Become Pregnant in the First Year of Use

Table A

Most Effective (Fewer Pregnancies)	Method	Number of women out of 100 who will become pregnant in one year of typical use ¹
↑	<ul style="list-style-type: none"> • Sterilization (male or female) • Intrauterine Devices (IUDs) 	Less than 1
	<ul style="list-style-type: none"> • Hormonal Methods: <ul style="list-style-type: none"> • Implant 	Less than 1
	<ul style="list-style-type: none"> • Injection 	3
	<ul style="list-style-type: none"> • Pill • Patch • Vaginal Ring 	8
	<ul style="list-style-type: none"> • Male condoms (used without spermicide) 	15
	<ul style="list-style-type: none"> • Lea’s Shield (used with spermicide) 	15 ²
	<ul style="list-style-type: none"> • Diaphragm (used with spermicide) 	16
	<ul style="list-style-type: none"> • Vaginal Sponge (contains spermicide)² • Cervical Cap (use with spermicide) <ul style="list-style-type: none"> ▶ 16 for women who have never had children ▶ 32 for women who have had one or more children 	16-32
	<ul style="list-style-type: none"> • Female Condom 	21
	<ul style="list-style-type: none"> • Withdrawal • Natural Family Planning (calendar, temperature, cervical mucus) 	25 - 27
	<ul style="list-style-type: none"> • Spermicides alone (gel, cream, foam, film, suppository) 	29
	Least Effective (More Pregnancies)	<ul style="list-style-type: none"> • No contraception